Family 2 Family Health Information

Family 2 Family Health Information Center (F2FHIC) is uniquely able to help families because we are staffed with family members that have first hand experience in navigating the maze of health care services and programs for children with special health care needs.

**How does the F2F HIC assist families?**

- They provide assistance to families and professionals in navigating the health care system
- They provide information, education, support and community referral services
- They offer support to families that feel “lost” in the everyday struggle of providing for children with special health care needs

**Contact your Health Information Specialist**

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<thead>
<tr>
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<th>NE/NW Ohio</th>
<th>SW Ohio</th>
<th>SE/Central Ohio</th>
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<tbody>
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<td>740-851-0901</td>
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**QUICK LINKS**

**GENERAL:**

- Family Voices
- Family Voices of Ohio

**Topics:**

- Recreation
- Summer Camps
Sports! Sports! Sports!

Miami Valley Adapted Sports has a prep level wheelchair basketball team. They play on an 8 foot rim with a light youth ball. Dayton Recreation Center, 2021 West Third, Dayton Ohio [http://www.miamivalleyadaptedsports.org/](http://www.miamivalleyadaptedsports.org/)

Top Soccer is a highly inclusive sport. The teams play an exciting game of adapted soccer. Email Info@CincyTOPSoccer.com or call 588-4980 for information about opportunities to participate. [http://www.cincytopsoccer.com/](http://www.cincytopsoccer.com/)

Cincinnati Ice Breakers adapted Sled Hockey. Players learn how to put on protective gear, get on and off the ice in a sled and play hockey. For more information about opportunities to participate contact Renee Loftspring at sledhockey@zoomtown.com [http://cincinnatisledhockey.org/](http://cincinnatisledhockey.org/)

Cincinnati Recreation Commission’s offers adapted swim opportunities on the TR Sharks Swim Team. UC Recreation Center, 2028 Bearcat Way, Cincinnati, OH 45219. [http://www.cincinnati-oh.gov/recreation/](http://www.cincinnati-oh.gov/recreation/)

To receive a program guide or for a simple program description, contact Sandy at 513-352-4028 or e-mail sandy.cloud-heyob@cincinnati-oh.gov.

April Shower’s Bring May Flowers...and Fun!
Add's High School Summer Experience (Worthington Ohio) This is a day camp for high-school students with various disabilities that lasts from mid-June to mid-August. We offer a variety of activities and classes in creative arts, recreation, sports and education. Check your local county board for funding. Private pay and waiver options are also available. For more information, contact Emily Joehin at 614-291-9411 ext. 520, or ejoehlin@addohio.org. http://addohio.org/parents-guardians-families

Allied Therapy East offers a wide range of summer programs for children older than age 3 with disabilities, including programs for children with visual motor difficulties, language delays, motor delays, difficulties in sensory processing and more. Children work with trained therapists. 170 Mill Street, Gahanna, Ohio 43230 (614) 414-KIDS or (614) 414-5437 http://www.allied-therapy.com/beyond-boundaries

Akron Rotary Camp for Children with Special Needs, provides summer overnight camps, day camps and respite weekends for children and adults with special needs. 4460 Rex Lake Drive, Akron, Ohio 44319 (330) 644-4512 www.akronymca.org

Association for the Developmentally Disabled (ADD) Buckeye Connections Summer Camp, offers a day camp for high school students with various disabilities. The camp runs from mid-June to mid-August and has activities and classes in creative arts, recreation, sports and education. Check your local county board for funding. Private pay and waiver options are also available. 810 West Third Avenue, Columbus, Ohio 43212 (614) 291-9411 ext. 520, or ejoehlin@addohio.org http://addohio.org/

Camp Courageous provides developmentally appropriate activities for all ability levels in an outdoor adventure setting in northern Ohio. They offer overnight camps, day camps and respite camps throughout the summer and fall for children ages 7 and above. Campers can receive funding through Ohio Medicaid waivers and other sources. 12701 Waterville-Swanton Road, Whitehouse, Ohio 43571 (419) 875-6828 www.campcourageous.com

Camp Joy located in Clarksville, Ohio partners with organizations to provide camp experiences for children with medical conditions, grieving children, and underserved children and families. Overnight camping programs include partnerships with Cincinnati Children's, Arthritis Foundation, Camp Sunrise, Amputee Coalition of America,
American Diabetes Association, Starshine Hospice, St. Joseph Orphanage and Children's Home of Cincinnati. 
http://camp-joy.org/programs/camps/medical-camps

**Camp Nuhop** provides overnight summer camp opportunities for children with learning disabilities, attention deficit disorders and behavior disorders age 6 and older in Ohio. They also have weekend respite programs throughout the year.
1077 Hanover Township Road 2916, Perrysville, Ohio 44864
(419) 938-7151 or (419) 289-2227
www.campnuhop.org

**Center for Courageous Kids** located in Scottsville, Kentucky, is a medical camping facility for seriously ill and disabled children and their families. 
http://www.courageouskids.org/

**Center for Possibilities** offers a summer program for students with developmental disabilities, preschool through adult. Camp sessions are held in Hobart, Indiana. 
http://www.centerforpossibilities.org/

**Central Ohio Diabetes Association (CODA)** Camp Hamwi offers day and overnight summer camp opportunities for youth with diabetes ages 7 to 17. Camps are open to youth with Type 1 or Type 2 diabetes. Medical staff are available 24/7, and campers learn diabetes self-management skills in addition to enjoying traditional camp activities.
1100 Dennison Avenue, Columbus, Ohio 43201
(614) 884-4400
http://www.diabetesohio.org/Programs/CampHamwi.aspx

**Chapel Hill House** provides a free weekend getaway for Ohio children who have cancer (ages 0-18) and their families. Together they enjoy relaxation, games and family time in a log cabin and explore 70 acres of land on a golf cart. Contact directly for more details.
3892 Morral-Kirkpatrick Road West, Morral, Ohio 43337
(937) 215-6148
www.chapelhillhouse.org

**Deaf Services Center (DSC) Deaf Adventure Camp** deaf kids and teens club is designed to assist deaf and hard of hearing children ages 8 to 18 develop self-confidence and leadership skills. Deaf Adventure Camp is an inexpensive week-long summer camp for deaf and hard of hearing youth ages 8 to 15 living in Ohio.
5830 North High Street, Worthington, Ohio 43085
(614) 841-1991 Voice and TTY
www.dsc.org

**Discover Camp** this website prepares parents of children with disabilities who are selecting a camp for their child for the first time.
4000 Ridgeway Drive, Birmingham, Alabama 35209 (800) 900-8086
http://www.ncpad.org/discover/preparing/index.html
Dreams on Horseback offers programs to students who are at-risk of not graduating to learn employment skills and earn science and work study credits while caring for horses. They also provide Equestrienne Assisted Learning (EAL), which uses horses to help youth practice executive functioning skills, sensory integration, improve coordination, communication skills and self-esteem.
1416 Reynoldsburg-New Albany Road, Blacklick, Ohio 43004
(614) 864-9500
www.dreamsonhorseback.org

Easter Seals Central & Southeast Ohio provides summer recreational day camp and overnight experiences for children with and without special needs ages 18 months to 18 years of age.
3830 Trueman Court, Hilliard, Ohio 43026
(614) 228-5523 or (800) 860-5523
http://centralohio.easterseals.com

Easter Seals Out and About Program this program gets children ages 8-18 out and having fun in the Columbus community. Children get to meet new friends as they enjoy visiting area attractions on selected Saturdays. Transportation is provided to and from the child’s home. Contact Easter Seals for more information.
3830 Trueman Court, Hilliard, Ohio 43026 (614) 228-5523
www.eastersealscentralohio.org

Epilepsy Foundation of Greater Cincinnati & Columbus Camp Firebird’s week-long, overnight camp for youth ages 7 to 17 with epilepsy is held at Recreation Unlimited in Ashley, Ohio. In addition to enjoying regular camp activities, campers improve their knowledge of seizures. Camp for Champs is a 3-hour day camp held on four consecutive Mondays during the summer for children ages 4 to 15 with epilepsy. Some scholarships are available. Contact them directly for details.
895 Central Avenue, Cincinnati, Ohio 45202
(877) 804-2241
www.epilepsy-ohio.org

Equine Assisted Therapy at Willow Farm improves the quality of life for people who have disabilities by offering activities centered around horses. They offer a variety of programs for children ages 5 to 21 with a wide range of disabilities, including cerebral palsy, down syndrome, autism, and behavioral disorders.
7908 Myers Road, Centerburg, Ohio 43011
(877) 815-4042
www.equineassistedtherapy.org/
Flying Horse Farms provides a free camp experience for children with serious medical illnesses such as cancer, heart disease, sickle cell disease, asthma and arthritis. 24-hour care is provided by specialized doctors and nurses, and the camp is free. Campers step outside of their sickness to experience activities such as canoeing, swimming, horseback-riding and more. The camp is a member of the Serious Fun Network.
5260 State Route 95, Mt. Gilead, Ohio 43338
(419) 751-7077
http://flyinghorsefarms.org

Haugland Learning Center summer Acceleration Camp is an academic camp geared for students from K-12th grades. It focuses on improving skills in reading, math, and Language Arts. A class on study skills will be offered to middle school students, while high school students take a class ACT/SAT preparation. Their Summer Activities Camp focuses on developing social and life skills while engaging in fun and diverse activities on the Haugland campus and in the community. Contact for camp dates and further details.
7690 New Market Center Way, Columbus, Ohio 43235
(614) 602-6473
www.hauglandlearningcenter.com

Jewish Community Center (JCC) Camp Arye provides a summer camp experience for youth ages 5 to 22 with special needs, including physical, cognitive, emotional, developmental and learning disabilities.
1125 College Avenue, Columbus, Ohio 43209
(614) 559-6279
http://columbusjcc.org

Kamp Dovetail is a volunteer run summer camp sponsored by Supplementary Assistance to The Handicapped. The camp is for children with disabilities in Highland and surrounding counties of Ohio and is held at the Rocky Fork Lake State Park in Highland County
http://www.kampdovetail.com/home.asp

Learning Never Ends Summer Camp offers a community respite summer camp for high school students ages 15-18 with developmental disabilities. The campers participate in adapted sports, creative arts, music therapy, day trips, educational activities and skill development. The program also provides a day habilitation program and vocational habilitation program to ages 18 and older Monday through Friday with non-medical transportation provided. Contact directly for costs and times.
6460 Busch Boulevard, Columbus, Ohio 43229
(614) 888-8486 www.upreachgroup.com

Miracle League baseball for children with special needs – many locations
www.miracleleague.com
Muscular Dystrophy Association (MDA) Summer Camp offers a week-long overnight summer camp for youth ages 6 to 18 who have limited mobility or use wheelchairs. Youth can attend camp at no cost to their families.  
500 West Wilson Bridge Road, Worthington, Ohio 43085  
(614) 841-1014  
www.mda.org/clinics/camp

My Summer Camps provides a comprehensive online directory of summer camps for kids, teens and youth. They list summer camps for kids with a wide range of abilities and special needs, such as cerebral palsy, ADHD, diabetes, physical disabilities, muscular dystrophy and more.  
(877) 777-7738  
www.mysummercamps.com

National Kidney Foundation (NKF) of Ohio Kappa Kidney Camp campers ages 8 to 18 who are either on dialysis or who have had a kidney transplant enjoy an overnight summer camp experience at Recreation Unlimited in Ashley, Ohio. The camp is free and fully staffed with expert medical care.  
2800 Corporate Exchange Drive, Columbus, Ohio 43231  
(614) 882-6184 or (800) 242-2133  
www.kidney.org

Northwest Kiwanis Special Needs Activity Camp for Kids (SNACK) offers swimming and outdoor recreation for children with special needs ages 6 to 12. Programs are week-long at Barrington Elementary School. Registration priority is given to Upper Arlington residents, but others can apply.  
3600 Tremont Road, Upper Arlington, Ohio 43221  
(614) 583-5300 www.uaoh.net/parks

Paddy Rossbach Youth Camp  
The Amputee Coalition’s Paddy Rossbach Youth Camp in Clarksville, Ohio is a 5-day traditional summer camp experience for children ages 10-17 who have lost arms and/or legs or who were born with limb differences. The camp offers challenging activities that build campers’ confidence regardless of skill level. The Coalition covers all expenses, including travel, for the campers. The average cost to send a child to camp is $1,500. Since its beginning in 2000, the camp has hosted more than 600 campers with limb loss or limb difference.  

Recreation Unlimited offers summer day and overnight camps for youth ages 5 to 22 with physical or developmental disabilities. Financial aid is available. They have specialized camps for children with autism, Prader-Willi Syndrome, epilepsy and other disabilities. The also offer year-round weekend respite care camps.  
7700 Piper Road, Ashley, Ohio 43003  
(740) 548-7006  
www.recreationunlimited.org
Respite Connections Kid’s Kamp provides a day camp for youth with special needs, where kids are challenged to participate in all kinds of activities, including horseback riding and art therapy.
5250 Strawberry Farms Boulevard, Columbus, Ohio 43230
(614) 890-4357
www.respiteconnections.org

The Adaptive Adventure Sports Coalition (TAASC) offers individuals with disabilities opportunities to participate in adventure activities such as kayaking, camping, fishing, alpine skiing, and water skiing, ice skating, sailing, and cycling.
6000 Harriott Drive, Powell, Ohio 43065
(614) 389-3921
www.taasc.org

YMCA Camp Can Do camp Can Do is a week-long summer day camp program for youth ages 6 to 21 with moderate to intensive special needs. The camp is offered at 5 local YMCA branches. Financial aid is available.
40 West Long Street, Columbus, Ohio 43215
(614) 224-1142
http://ymcacolumbus.org

Center for Possibilities offers a summer program for students with developmental disabilities Hobart, Indiana.
http://www.centerforpossibilities.org/

Stepping Stones preschool through adult. Camp sessions are held at Stepping Stones and Camp Allyn offers year-round programs for people of all ages with a wide range of disabilities. Summer day camps are held at two locations near Cincinnati and summer overnight camp for older teens and adults is at Camp Allyn in Batavia, Ohio.
https://steppingstonesohio.org/

YMCA Camp Campbell Gard located just north of Cincinnati, offers week-long summer camp experiences for children with special needs. The camp provides specially trained counselors, flexible age guidelines, universally accessible facilities and a fully inclusive program.
http://www.gmvymca.org/camp.aspx
Make Summer Count!

Spring is the time to find and register your child for that perfect summer activity

Spring has arrived and summer is not far behind. We have come up with a list of summer camps and activities that would be perfect for your child with special health care needs. Click the links below to explore the opportunities available to help your child.

- **Miracle league** – Baseball for children with special needs – many locations
- **Paddy Rossbach Youth Camp** - 5 day camp for children that have had an amputation or limb indifference - Clarksville, Ohio
- **Camp Nuhop** – traditional camp for different age groups for children with learning disabilities – Ashland County, Ohio
- **Recreation Unlimited** – summer camp for children with physical and developmental disabilities – Ashley, Ohio
- **TAASC** – recreation activities for children with physical and developmental disabilities – different locations in central Ohio

A few websites with excellent summer activity information are below. Thankfully, there are now many opportunities for children with special health care needs. Let’s make this a safe and fun summer for all of our children.

- **Cap4kids** – lists many recreation and camp opportunities as well as resources
- **Cincinnati Children’s** – lists many different camps for children with special health care needs
- **Nationwide Children’s Hospital** – lists information about summer camps