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Family 2 Family Health Information

General:

Family Voices

Family Voices of Ohio

Topics:

Flu Facts

Medicaid & CHIP

Holiday Lights - Ohio

Holiday Survival Tips

Family 2 Family Health Information Center (F2F HIC) is uniquely able to help families because we are staffed with family members that have first hand experience navigation the maze of health care services and programs for children and youth with special health care needs.

How does the F2F HIC assist families?

- They provide assistance to families and professionals in navigating the health care system
- They provide information, education, support and community referral services
- They offer support to families that feel “lost” in the every day struggle of providing for children with special health care needs.

Contact the Health Information Specialist in your area:

Northeast/Northeast Ohio:
Jennifer Wolford
jwolford@udsakron.org
330-762-9755 ext. 226

Southwest Ohio:
Kamesha Anderson
Kamesha.anderson@yahoo.com
513-693-0208

Central Ohio:
Kelly Morris
kmorris0097@aol.com
937-738-7171

Southeastern Ohio:
Jessica Hawk
hawkp2p@yahoo.com
740-851-0901
FLU FACTS
Caring for a Child with Special Health Care Needs during Flu

Did You Know?

Children and youth with special health care needs that get the flu....

- Can become sicker and stay sick longer
- May experience complications like pneumonia, croup, bronchitis, and other infections
- Are most vulnerable if they have neurological problems or intellectual disabilities.

What Can You Do?

As a parent or a caregiver, you can....

For children over 6 months of age:

- Follow the CDC guidelines and get him/her vaccinated as soon as vaccines are available
- Make sure the child gets the vaccination in short form, not the nasal spray
- Find out where to get him/her vaccinated – the doctor’s office, clinic, pharmacy or other community locations
- Ask your child’s doctor if additional doses are necessary this year

For children under 6 months of age:

- Make sure everyone in the household and care for the child have been vaccinated

Click here for more Flu Facts
MEDICAID and CHIP

What’s The Difference?

Medicaid & Chip (Children’s Health Insurance Program) are both:
- Public insurance programs that cover children
- Jointly funded by a combination of state and federal dollars
- An important source of care and coverage for over 35% of CYSHCN

But there are some important differences between these two

<table>
<thead>
<tr>
<th>Medicaid</th>
<th>VS.</th>
<th>Chip</th>
</tr>
</thead>
<tbody>
<tr>
<td>Required for aged 0 – 6 for family income up to 133% of the FPL (federal poverty level) and required for ages 6 – 19 for family income up to 100% of the FPL</td>
<td>Children's eligibility</td>
<td>For uninsured children ages 0 – 19 with family income too high for Medicaid.</td>
</tr>
<tr>
<td>FMAP</td>
<td>Federal Match Rate</td>
<td></td>
</tr>
<tr>
<td>Guaranteed – no cap</td>
<td>Federal</td>
<td>Capped Amount</td>
</tr>
<tr>
<td>Yes</td>
<td>Private or Public coverage allowed</td>
<td>No</td>
</tr>
<tr>
<td>Generally not</td>
<td>Premiums &amp; co-payments allowed</td>
<td>Generally yes</td>
</tr>
</tbody>
</table>

Click [here](#) for information about Medicaid and CHIP benefits
Find the Perfect Activities and Gifts for that Special Child in Your Life

Gifts and winter fun for children with special health care needs are not always easy to find. Some of the challenges include accessibility, adaptability, age appropriate items and activities, and let’s not forget the high price that usually comes with special needs toys. Family Voices of Ohio has included two pages dedicated to making your holiday season easier...

**TOYS**

*Toy R Us – Differently Abled*

*Playworks – Special Needs*

*eSpecial Needs*

*Melissa & Doug – Special Needs*

*Child Therapy Toys*

*Toys for Autism*

*Fat Brain Toys – Special Needs*

*Discovery Toys – Special Needs*

*Playability*

*Enabling Devices*

*Mayer Johnson*

*Special Needs Toys*

**ACTIVITIES**

From adaptive snow skiing to a walk through thousands of lights, we want you to find the perfect activity for your entire family. Check out these awesome links for some wonderful winter entertainment.

*Holiday Lights*

*Cincinnati Zoo*

*Columbus Zoo*

*Toledo Zoo*

*Clifton Mill*

*Fantasy of Lights - Drive Thru*

*Christmas at the Junction*

*Joy of Christmas - Drive*
**HO, HO, HO!!!!**

**FIND A SENSORY FRIENDLY SANTA NEAR YOU...**

For many children with sensory processing disorders, visiting Santa is a nightmare. No matter how cheerful Santa may be, when you add the crowds and the chaos, the whole process can be a battle for both the child and their parents. Yearly failed attempts to visit the big guy in red are like battle wounds among parents of children with special needs. Finally, a way to reduce the stress for your little one...

**Autism Society of Ohio - Dec.9**

**Polaris Fashion Place - Dec.8**

**Tuttle Crossing - Dec.8**

**Summit Mall - Dec.8**

**Franklin Park Mall - Dec.1 & 8**

Family Voices of Ohio would like to wish everyone a very happy and safe Holiday season. May 2014 bring much joy and peace to all.

**HAPPY HOLIDAYS!!**

This is my wish for you: peace of mind, prosperity through the year, happiness that multiplies, health for you and yours, fun around every corner, energy to chase your dreams, joy to fill your holidays!

*D.M. Dellinger*